**Module 1 Unit 4 References**

**Leadex. “The Ultimate Guide to Middle Management Training Programs”:**

[**https://leadx.org/articles/middle-management-training/**](https://leadx.org/articles/middle-management-training/)

**Epilogue Systems, 2022 “How Can You Choose Your Best Workload Management Tools?”:** [**https://www.epiloguesystems.com/blog/how-can-you-choose-your-best-workload-management-tools/**](https://www.epiloguesystems.com/blog/how-can-you-choose-your-best-workload-management-tools/)

**Timeular, 2022 “How to improve team communication: A step-by-step guide”:** [**https://timeular.com/blog/how-improve-team-communication/**](https://timeular.com/blog/how-improve-team-communication/)

**Harvard Business Review, 2021 “What It Takes to Run a Great Hybrid Meeting”:** [**https://hbr.org/2021/06/what-it-takes-to-run-a-great-hybrid-meeting**](https://hbr.org/2021/06/what-it-takes-to-run-a-great-hybrid-meeting)

**Topic 1: MDPI, 2021 “The Good, the Bad and the Blend: The Strategic Role of the “Middle Leadership” in Work-Family/Life Dynamics during Remote Working”:**

[**https://www.mdpi.com/2076-328X/11/8/112**](https://www.mdpi.com/2076-328X/11/8/112)

**Topic 2: Runn, 2022 “Everything You Need to Know About Workload Management”:** [**https://www.runn.io/blog/workload-management**](https://www.runn.io/blog/workload-management)

**Topic 3: Kompetenznetz Public Health COVID-19, 2020 “Gesundheitsfördernde Führung von Teams im Homeoffice”:** [**https://www.researchgate.net/publication/342381004\_Gesundheitsfordernde\_Fuhrung\_von\_Teams\_im\_Homeoffice**](https://www.researchgate.net/publication/342381004_Gesundheitsfordernde_Fuhrung_von_Teams_im_Homeoffice)

**Topic 4: IBE-Ludwigshafen, 2020 “Zoom-Fatigue”:** [**https://www.ibe-ludwigshafen.de/zoom\_fatigue/**](https://www.ibe-ludwigshafen.de/zoom_fatigue/)

**Kadence “**[**5 steps to make your hybrid meetings more inclus**](https://kadence.co/news/hybrid-meetings/)**i**[**ve”**](https://kadence.co/news/hybrid-meetings/)**:** [**https://kadence.co/news/hybrid-meetings/**](https://kadence.co/news/hybrid-meetings/)

[<https://www.ibe-ludwigshafen.de/wp-content/uploads/2020/09/EN_IBE-Studie-Zoom-Fatigue.pdf>](https://www.ibe-ludwigshafen.de/wp-content/uploads/2020/09/EN_IBE-Studie-Zoom-Fatigue.pdf)